

A photograph of a tropical beach at sunset. The sun is low on the horizon, creating a warm orange and yellow glow. A large palm tree is silhouetted against the sky on the right side. The ocean is visible on the left, and the beach is in the foreground.

*God be in my head, and in my understanding;  
God be in my eyes, and in my looking;  
God be in my mouth, and in my speaking;  
God be in my heart, and in my thinking;  
God be at my end, and at my departing.*

*St. Patrick, Celtic Blessing*

This reflection is courtesy of Parkdale United Church, Calgary, AB.  
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